

The London Magazine

NEW YEAR
HEALTH &
WELLNESS

Luxury lifestyle, prime property

FABRIC OF LIFE

TAPESTRIES? WE UNPICK THE HOMES & INTERIORS 'ONES TO WATCH' OF 2026

Up before dawn

The daily routines of London's health professionals

Vaults & valuables

Inside the capital's super prime storage facilities

Susan Hampshire

The age-defying star of stage and screen at 88





SNOW ESCAPE
ERIRO IN THE
AUSTRIAN ALPS

PEAK EXCITEMENT

Got your sights set on slopes? This new year, allow yourself to be whisked away on a European break that will relax and restore you for 2026



SKY HIGH
HOTEL SALTUS
IN THE DOLOMITES

ERIRO, AUSTRIA

Accessible by cable car, the hotel has direct access to the Ehrwalder Alm ski area, and is the region's only hotel with nine bedrooms. You'll find ample cosiness in every room and suite, and enjoy being immersed in an authentic mountain experience. Skiers will delight in exploring the untouched trails, while tours and full-moon treks are also available. For those who want to retire from the slopes, Eriro provides ice baths and a creative studio (the Hantwerc Atelier), where local artisans lead pottery, woodcarving and painting classes.

Rooms start from £1,365 per night on an all-inclusive basis. eriro.at/en

HOTEL SALTUS, ITALY

Set amid the majestic Unesco World Heritage site, The Dolomites, the hotel invites guests to unwind and press pause. You'll find grounding and reconnect with nature at this holistic retreat: floating above the tree tops, the Forest Spa has a hay sauna, steam room and treetop relaxation space. The team is able to tailor a bespoke routine for you, with activities such as Pilates, qi gong and meditation. Meanwhile, hikers can explore the vast grounds of the forest, and even partake in foraging. From €320 per night, including breakfast, hotel-saltus.com/en



DRIFT AWAY
AIRELLES VAL D'ISÈRE
IN FRANCE

AIRELLES VAL D'ISÈRE FRENCH ALPS, FRANCE

Composed of chalets and rooms, experience alpine magic at Val d'Isère, on the edge of the Vanoise National Park. There's plenty of space for a party of eight in the self-contained Chalet Schluss, and guests can enjoy all of the hotel's amenities, including the indulgent Airelles Spa by Guerlain, gourmet culinary offerings and dedicated staff. Rates for Chalet Schluss start from €10,000 (approx £8,409) per night, including all-inclusive service from staff and daily activities, airelles.com/en

PHOTOGRAPHS: ALEX MCGINCH; HOTEL SALTUS; AIRELLES





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